

II - THE MATHEMATICAL STRUCTURE OF QUANTUM MECHANICS

1. Review of Basic Concepts

Def.: A complex vector space \mathcal{X} is a non-empty set of elements, called vectors, together with two operations

$$\begin{array}{ll} \text{(A) vector addition} & \text{(M) by scalar multiplication} \\ +: \mathcal{X} \times \mathcal{X} \rightarrow \mathcal{X} & : \mathbb{C} \times \mathcal{X} \rightarrow \mathcal{X} \\ (u, v) \mapsto u+v & (\lambda, u) \mapsto \lambda u \end{array}$$

such that (A) forms an abelian group and (M) satisfies

$$\begin{array}{ll} \text{M1)} & (\lambda + \mu)v = \lambda v + \mu v \\ \text{M2)} & (\lambda\mu)v = \lambda(\mu v) \\ \text{M3)} & \lambda(u+v) = \lambda u + \lambda v \\ \text{M4)} & 1v = v \end{array}$$

for all $\lambda, \mu \in \mathbb{C}$ and $u, v \in \mathcal{X}$.

Def.: A inner product space \mathcal{X} is a vector space with an additional map

$$\begin{array}{l} (,) : \mathcal{X} \times \mathcal{X} \rightarrow \mathbb{C} \\ (u, v) \mapsto \langle u | v \rangle \end{array}$$

such that $\forall u, v, w \in \mathcal{X}$ and $\lambda, \mu \in \mathbb{C}$ we have

$$\begin{array}{l} \text{(i)} \quad \langle u, v \rangle = \langle v | u \rangle^* \\ \text{(ii)} \quad \langle u | \lambda v + \mu w \rangle = \lambda \langle u | v \rangle + \mu \langle u | w \rangle \\ \text{(iii)} \quad \langle u | u \rangle > 0 \iff u \neq 0 \end{array}$$

-70- Exercise: Show that $\langle u|0\rangle = 0 \quad \forall u \in \mathcal{H}$

Note that \mathcal{H} inherits a natural norm from the inner product. In fact we have.

Def.: The norm of a vector in \mathcal{H} is the mapping

$$\begin{aligned} \|\cdot\|: \mathcal{H} &\longrightarrow \mathbb{R} \\ v &\longmapsto \|v\| = \langle v|v \rangle^{1/2} \end{aligned}$$

In QM the notion of operator as a linear transformation from \mathcal{H} to \mathcal{H} shall play a crucial role.

Def.: A linear transformation T is a map $T: V \rightarrow W$ where V and W are vector spaces over the same field such that

$$T(\lambda u + \mu v) = \lambda T(u) + \mu T(v)$$

for all $u, v \in V$ and $\lambda, \mu \in \mathbb{C}$. We denote the set of all linear transformations from V to W

by $L(V, W)$. For the particular case $W = V$,

we say that T is a (linear) operator on

V and denote $T \in L(V) \equiv L(V, V)$.

2. Basic Concepts in QM

Def.: The physical states in QM are described by non zero vectors in a complex inner product space \mathcal{X} . Two vectors describe the same state iff they are multiples of each other.

Examples:

Ex. 1: $\mathcal{X} = L^2(0, a)$

$$\left. \begin{aligned}
 \psi: [0, a] &\longrightarrow \mathbb{C} \\
 x &\longmapsto \psi(x) \\
 0 &= \psi(0) = \psi(a) \\
 \int_0^a |\psi(x)|^2 dx &< \infty
 \end{aligned} \right\} \psi \in \mathcal{X}$$

inner product: Given $\psi, \phi \in \mathcal{X} = L^2(0, a)$, by definition we have

$$\langle \psi | \phi \rangle \equiv \int_0^a \psi^*(x) \phi(x) dx$$

Orthonormal basis for $L^2(0, a)$:

$$\psi_m(x) = \sqrt{\frac{2}{a}} \sin\left(\frac{m\pi x}{a}\right), \quad m=1, 2, 3, \dots$$

$$\langle \psi_m, \psi_m \rangle = \frac{2}{a} \int_0^a \sin\left(\frac{m\pi x}{a}\right) \sin\left(\frac{m\pi x}{a}\right) dx = \delta_{m,m}$$

(see pag 33 of Griffiths)

Given an arbitrary complex function $f \in L^2(0, a)$
we may always write

$$f(x) = \sum_{n=1}^{\infty} c_n \psi_n(x) = \sqrt{\frac{2}{a}} \sum_{n=1}^{\infty} c_n \sin \frac{n\pi x}{a}$$

with

$$c_n = \sqrt{\frac{2}{a}} \int_0^a f(x) \sin \frac{n\pi x}{a} dx$$
$$= \int_0^a f(x) \psi_n(x) dx = \langle \psi_n | f \rangle$$

Ex. 2: $\mathcal{H} = L^2$

$$\left. \begin{array}{l} \psi: \mathbb{R} \rightarrow \mathbb{C} \\ z \mapsto \psi(z) \\ \int_{-\infty}^{+\infty} |\psi(x)|^2 dx < \infty \end{array} \right\} \psi \in \mathcal{H} = L^2$$

Given $\phi, \psi \in L^2$, the inner product reads

$$\langle \psi | \phi \rangle = \int_{-\infty}^{+\infty} \psi^*(x) \phi(x) dx$$

Ex. 3: Hydrogen-like atom bound state wave functions

$$\psi: \mathbb{R}^3 \setminus \{0\} \rightarrow \mathbb{C}$$

$$(r, \theta, \phi) \mapsto \psi(r, \theta, \phi)$$

$$\psi(r, \theta, \phi) = \sum_{m, l, n} c_{nlm} R_{nl}(r) Y_l^m(\theta, \phi)$$

$$n = 1, 2, 3, \dots$$

$$l = 0, 1, 2, \dots, n-1$$

$$m = -l, \dots, -1, 0, \dots, l$$

$$c_{nlm} \in \mathbb{C}$$

} $\psi \in \mathcal{H}$

Given $\psi, \phi \in \mathcal{H}$ the inner product reads

$$\langle \psi | \phi \rangle = \int_0^\infty \int_0^\pi \int_0^{2\pi} \psi^*(r, \theta, \phi) \phi(r, \theta, \phi) r^2 \sin\theta \, d\phi \, d\theta \, dr$$

Ex. 4:

$$\mathcal{H} = \mathbb{C}^2$$

$$\psi: \{1, 2\} \rightarrow \mathbb{C}$$

$$n \mapsto \psi_n$$

$$\psi = \begin{pmatrix} \psi_1 \\ \psi_2 \end{pmatrix}$$

} $\psi = (\psi_1, \psi_2) \in \mathbb{C}^2$

orthonormal basis

$$e_1 = (1, 0), \quad e_2 = (0, 1)$$

$$\psi = (\psi_1, \psi_2) = \psi_1 e_1 + \psi_2 e_2$$

or

$$\psi = \begin{pmatrix} \psi_1 \\ \psi_2 \end{pmatrix} = \psi_1 \begin{pmatrix} 1 \\ 0 \end{pmatrix} + \psi_2 \begin{pmatrix} 0 \\ 1 \end{pmatrix}$$

Given $\psi, \phi \in \mathcal{X} = \mathbb{C}^2$ we define the inner product

$$\begin{aligned} \langle \psi | \phi \rangle &= (\psi_1^* \quad \psi_2^*) \begin{pmatrix} \phi_1 \\ \phi_2 \end{pmatrix} \\ &= \psi_1^* \phi_1 + \psi_2^* \phi_2 \in \mathbb{C} \end{aligned}$$

Example 3. Dirac Notation

In Dirac's notation we denote the vector $\psi \in \mathcal{X}$ by $|\psi\rangle$. For instance in the case $\mathcal{X} = \mathbb{C}^2$:

$$\psi = (\psi_1, \psi_2) \in \mathbb{C}^2 \iff |\psi\rangle = (\psi_1, \psi_2) \in \mathbb{C}^2$$

orthonormal basis:

$$e_1 = (1, 0)$$

$$e_2 = (0, 1)$$

\iff

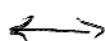
$$|+\rangle = (1, 0)$$

$$|-\rangle = (0, 1)$$

$$\begin{aligned} \psi = (\psi_1, \psi_2) &= \psi_1 (1, 0) + \psi_2 (0, 1) \\ &\iff |\psi\rangle = \psi_1 |+\rangle + \psi_2 |-\rangle \end{aligned}$$

Or else consider the case $\mathcal{X} = L^2$

$$\psi \in L^2$$



$$|\psi\rangle \in L^2$$

$$\psi: \mathbb{R} \rightarrow \mathbb{C}$$
$$y \mapsto \psi(y)$$

basis:

$$\psi_x(y) = \delta(x-y)$$

$$\psi(y) = \int dx \delta(x-y) \psi(x)$$

$$= \int dx \psi(x) \delta(x-y)$$

$$= \int dx \psi(x) \underbrace{\psi_x(y)}_{\text{coefficients}}$$

(or components)

DIRAC NOTATION

basis:

$|x\rangle \rightarrow$ particle (localized at the point x).

$|\psi\rangle \rightarrow$ state described by wave-function $\psi(y)$

$$|\psi\rangle = \int dx c(x) |x\rangle$$

\uparrow
vector written as linear combination of basis vectors $|x\rangle$.

The coefficients $c(x)$ are

$$c(x) = \langle x | \psi \rangle \leftarrow \text{inner product}$$

$$= \int dy \delta(x-y) \psi(y)$$

$$= \psi(x)$$

$$\therefore \boxed{\psi(x) = \langle x | \psi \rangle}$$

(Dirac notation)

-76- 4. Operators in QM

Def.: The observables in QM are described by self-adjoint operators in \mathcal{X} .

Def.: The adjoint A^\dagger of an operator $A \in L(\mathcal{X})$ is defined by

$$\langle A^\dagger \phi | \psi \rangle = \langle \phi | A \psi \rangle, \quad \forall \psi, \phi \in \mathcal{X}$$

Examp-les:

Ex. 1: In the Hilbert space $\mathcal{X} = \mathbb{C}^2$ a general operator can be written by a 2×2 complex matrix wrt the canonical basis.

$$\text{Given } A = \begin{pmatrix} a & b \\ c & d \end{pmatrix} \text{ with } a, b, c, d \in \mathbb{C},$$

what is the corresponding adjoint operator?

~~We have~~ Given $\psi = \begin{pmatrix} \psi_1 \\ \psi_2 \end{pmatrix}$ and $\phi = \begin{pmatrix} \phi_1 \\ \phi_2 \end{pmatrix}$

we have

$$A\psi = \begin{pmatrix} a & b \\ c & d \end{pmatrix} \begin{pmatrix} \psi_1 \\ \psi_2 \end{pmatrix} = \begin{pmatrix} a\psi_1 + b\psi_2 \\ c\psi_1 + d\psi_2 \end{pmatrix}$$

$$\langle \phi | A\psi \rangle = (\phi_1^* \quad \phi_2^*) \begin{pmatrix} a\psi_1 + b\psi_2 \\ c\psi_1 + d\psi_2 \end{pmatrix}$$

$$= a\phi_1^*\psi_1 + b\phi_1^*\psi_2 + c\phi_2^*\psi_1 + d\phi_2^*\psi_2$$

Now let $A^+ = \begin{pmatrix} \bar{a} & \bar{b} \\ \bar{c} & \bar{d} \end{pmatrix}$ where $\bar{a}, \bar{b}, \bar{c}, \bar{d}$ are complex numbers to be determined from a, b, c, d .

We have

$$A^+ \phi = \begin{pmatrix} \bar{a} & \bar{b} \\ \bar{c} & \bar{d} \end{pmatrix} \begin{pmatrix} \phi_1 \\ \phi_2 \end{pmatrix} = \begin{pmatrix} \bar{a}\phi_1 + \bar{b}\phi_2 \\ \bar{c}\phi_1 + \bar{d}\phi_2 \end{pmatrix}$$

and

$$\begin{aligned} \langle A^+ \phi | \psi \rangle &= (\bar{a}\phi_1^* + \bar{b}\phi_2^* \quad \bar{c}\phi_1^* + \bar{d}\phi_2^*) \begin{pmatrix} \psi_1 \\ \psi_2 \end{pmatrix} \\ &= \bar{a}\phi_1^* \psi_1 + \bar{b}\phi_2^* \psi_1 + \bar{c}\phi_1^* \psi_2 + \bar{d}\phi_2^* \psi_2 \end{aligned}$$

From the definition $\langle A^+ \phi | \psi \rangle = \langle \phi | A \psi \rangle$ we get

$$0 = (a - \bar{a}^*)\phi_1^* \psi_1 + (b - \bar{c}^*)\phi_1^* \psi_2 + (c - \bar{b}^*)\phi_2^* \psi_1 + (d - \bar{d}^*)\phi_2^* \psi_2$$

Since $\psi = \begin{pmatrix} \psi_1 \\ \psi_2 \end{pmatrix}$ and $\phi = \begin{pmatrix} \phi_1 \\ \phi_2 \end{pmatrix}$ are

arbitrary we get

$$\bar{a} = a^*, \quad \bar{b} = c^*, \quad \bar{c} = b^* \quad \text{and} \quad \bar{d} = d^*.$$

Thus

$$A = \begin{pmatrix} a & b \\ c & d \end{pmatrix} \implies A^+ = \begin{pmatrix} a^* & c^* \\ b^* & d^* \end{pmatrix}$$

Ex. 2: $\mathcal{H} = L^2(0, a)$

Given a differentiable function $\psi: [0, a] \rightarrow \mathbb{C}$,
 $\psi \in L^2(0, a)$ we consider the linear operator

$$D: \mathcal{H} \longrightarrow \mathcal{H}$$

$$\psi \longmapsto \psi'$$

I.e., D is the derivative operator:

$$(D\psi)(x) = \psi'(x)$$

$$D\psi = \frac{d}{dx} \psi$$

Let us compute the adjoint D^\dagger of the operator $D = \frac{d}{dx}$. By definition we must have

$$\langle D^\dagger \phi | \psi \rangle = \langle \phi | D\psi \rangle$$

for arbitrary complex functions $\psi, \phi \in \mathcal{H}$. On the one hand

$$\begin{aligned} \langle \phi | D\psi \rangle &= \int_0^a \phi^*(x) \frac{d\psi(x)}{dx} dx \\ &= - \int_0^a \frac{d\phi^*(x)}{dx} \psi(x) dx + \phi^*(x) \psi(x) \Big|_0^a \end{aligned}$$

$$\langle \phi | D \psi \rangle = - \int_0^a \frac{d\phi^*}{dx}(x) \psi(x) dx$$

On the other hand

$$\langle D^+ \phi | \psi \rangle = \int_0^a (D^+ \phi)^*(x) \psi(x) dx$$

and we must have

$$\int_0^a \left[D^+ \phi^*(x) + \frac{d\phi^*}{dx}(x) \right] \psi(x) dx = 0$$

$$\int_0^a \left[D^+ \phi(x) + \frac{d\phi}{dx}(x) \right] \psi^*(x) dx = 0$$

Since ψ is arbitrary we have

$$D^+ \phi(x) = - \frac{d\phi}{dx}(x)$$

and since ϕ is also arbitrary we have

$$\boxed{D^+ = - \frac{d}{dx}}$$

-80- So we recall

Def.: The observables in QM are described by self-adjoint operators in \mathcal{X} .

Def.: An operator $A \in L(\mathcal{X})$ is self-adjoint when it coincides with its adjoint. I.e., when

$$A^\dagger = A$$

From the two previous examples we see that

$\frac{d}{dx}$ is not self-adjoint and, for $\mathcal{X} = \mathbb{C}^2$, the

~~adj~~ operator

$$A = \begin{pmatrix} a & b \\ c & d \end{pmatrix} \in L(\mathbb{C}^2)$$

is self-adjoint if

$$A^\dagger = \begin{pmatrix} a^* & c^* \\ b^* & d^* \end{pmatrix} = \begin{pmatrix} a & b \\ c & d \end{pmatrix} = A$$

which amounts to the general form

$$A = \begin{pmatrix} x & z + iw \\ z - iw & y \end{pmatrix} \quad \text{with } x, y, z, w \in \mathbb{R}$$

for A self-adjoint.

Two important operators in QM are the position and momentum operators

Def.: Position operator $\vec{X} = \hat{x} + \hat{y} + \hat{z}$
in \mathbb{R}^3

$$\left. \begin{aligned} (X\psi)(x, y, z) &= x\psi(x, y, z) \\ (Y\psi)(x, y, z) &= y\psi(x, y, z) \\ (Z\psi)(x, y, z) &= z\psi(x, y, z) \end{aligned} \right\}$$

Momentum $\vec{P} = P_x \hat{x} + P_y \hat{y} + P_z \hat{z}$

$$\left. \begin{aligned} (P_x\psi)(x, y, z) &= -i\hbar \frac{\partial \psi}{\partial x}(x, y, z) \\ (P_y\psi)(x, y, z) &= -i\hbar \frac{\partial \psi}{\partial y}(x, y, z) \\ (P_z\psi)(x, y, z) &= -i\hbar \frac{\partial \psi}{\partial z}(x, y, z) \end{aligned} \right\}$$

By noting that
 $\hat{x} \frac{\partial}{\partial x} + \hat{y} \frac{\partial}{\partial y} + \hat{z} \frac{\partial}{\partial z} = \vec{\nabla}$
we may also write

$$\boxed{\vec{P} = -i\hbar \vec{\nabla}}$$

In one dimension this reduces to

$$(X\psi)(x) = x\psi(x) \quad \text{and} \quad (P\psi)(x) = -i\hbar \frac{d\psi}{dx}(x)$$

Note that we clearly have issues of domain here because for instance

$$\|P\psi\|^2 = \int_{\mathbb{R}} \left| -i\hbar \frac{d\psi}{dx} \right|^2 dx$$

$$\|X\psi\|^2 = \int_{\mathbb{R}} x^2 |\psi(x)|^2 dx$$

An important observable in QM will be the Hamiltonian operator. This operator, specific for each system, will be responsible for the time evolution.

As a particular example we mention

$$(H\psi)(\vec{x}) = -\frac{\hbar^2}{2m} \nabla^2 \psi(\vec{x}) + V(\vec{x})\psi(\vec{x})$$

In terms of the previous operators

$$\begin{cases} \vec{X} \psi(\vec{x}) = \vec{x} \psi(\vec{x}) \\ \vec{P} \psi(\vec{x}) = -i\hbar \vec{\nabla} \psi(\vec{x}) \end{cases}$$

we may rewrite

$$(H\psi)(\vec{x}) = -\frac{\hbar^2}{2m} \nabla^2 \psi(\vec{x}) + V(\vec{x})\psi(\vec{x})$$

or simply

$$H = -\frac{\hbar^2}{2m} \nabla^2 + V(\vec{x})$$

i.e.

$$H = \frac{\vec{P}^2}{2m} + V(\vec{x})$$

In this notation the Schrödinger time-independent wave equation can be written as

$$H\psi = E\psi$$

5- Hilbert Spaces

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Def.: A Hilbert space is a complete complex inner product space.

Rem 1: Complete wrt the distance function induced by the inner product.

Rem 2: Recall that an inner product space is automatically a vector or linear space.

Rem 3: Complete means that every Cauchy sequence converges.

Cauchy Sequence

Let \mathcal{X} be a complex inner product space. A sequence $\psi_m \in \mathcal{X}$, $m \in \mathbb{N}$, is said to be Cauchy when $\forall \epsilon > 0$, there exists a natural N_ϵ such that

$$m, n > N_\epsilon \implies \|\psi_m - \psi_n\| < \epsilon.$$

We recall further that a sequence $\psi_m \in \mathcal{X}$, $m \in \mathbb{N}$, converges to $\psi \in \mathcal{X}$ when for all $\epsilon > 0$ there exists N_ϵ such that

$$m > N_\epsilon \implies \|\psi_m - \psi\| < \epsilon$$

Counter example

The rational numbers \mathbb{Q} are not complete.

Take for instance the sequence $x_{n+1} = \frac{x_n}{2} + \frac{1}{x_n}$

$$\text{or } x_n = \frac{f_n}{f_{n-1}} \rightarrow \frac{1+\sqrt{5}}{2} = \varphi.$$

If every Cauchy sequence $\psi_m \in \mathcal{H}$ converges to a vector $\psi \in \mathcal{H}$ then, by definition, \mathcal{H} is a Hilbert space.

Separability: A metric space is separable if it contains a countable dense subset.

We recall that a subset $S \subset \mathcal{H}$ is dense in \mathcal{H} if for any vector $\psi \in \mathcal{H}$ there exists a vector $\phi \in S$ such that

$$\|\phi - \psi\| < \epsilon.$$

It is possible to prove that:

A Hilbert space is separable iff it contains a countable orthonormal basis.

6. Statistical Aspects

Def.: The expectation value of an operator A in a state $\psi \in \mathcal{H}$ is defined as

$$\langle A \rangle_\psi = E_\psi(A) \equiv \frac{\langle \psi | A \psi \rangle}{\|\psi\|^2}$$

(Or in Dirac's notation:

$$\langle A \rangle_\psi = \frac{\langle \psi | A | \psi \rangle}{\langle \psi | \psi \rangle})$$

Example: $A = V(x)$, $x \rightarrow$ position operator, ψ normalized -85-

$$\begin{aligned}\langle V(x) \rangle &= E_{\psi}(V(x)) \\ &= \frac{\langle \psi | V(x) \psi \rangle}{\|\psi\|^2} \\ &= \int \psi^*(x) V(x) \psi(x) dx \\ &= \int |\psi(x)|^2 V(x) dx = \int \rho(x) V(x) dx\end{aligned}$$

proposition:

Let \mathcal{H} be a Hilbert space and $\psi \in \mathcal{H}$, $\psi \neq 0$, a state vector. Then we have

(i) $\langle A \rangle_{\lambda\psi} = \langle A \rangle_{\psi}$, for $\lambda \in \mathbb{C}$, $\lambda \neq 0$.

(ii) $\langle A \rangle_{\psi} \in \mathbb{R} \iff A$ is self-adjoint

(iii) $\langle A \rangle_{\psi} \geq 0 \iff A$ is positive

(iv) $\langle \alpha A + \beta B \rangle_{\psi} = \alpha \langle A \rangle_{\psi} + \beta \langle B \rangle_{\psi}$, $\forall A, B \in \mathcal{L}(\mathcal{H})$,
 $\alpha, \beta \in \mathbb{C}$.

proof:

(i) $\langle A \rangle_{\lambda\psi} = \frac{\langle \lambda\psi | A(\lambda\psi) \rangle}{\langle \lambda\psi | \lambda\psi \rangle} = \frac{\lambda^* \lambda \langle \psi | A \psi \rangle}{\lambda^* \lambda \langle \psi | \psi \rangle} = \frac{\langle \psi | A \psi \rangle}{\|\psi\|^2} = \langle A \rangle_{\psi}$

(ii) If A is self-adjoint, i.e., $A^+ = A$, we have

$$\begin{aligned} \langle A \rangle_{\psi}^* &= \left[\frac{\langle \psi | A \psi \rangle}{\|\psi\|^2} \right]^* = \frac{\langle \psi | A \psi \rangle}{\|\psi\|^2} \\ &= \left[\frac{\langle \psi | A^+ \psi \rangle}{\|\psi\|^2} \right]^* \\ &= \frac{\langle A^+ \psi | \psi \rangle}{\|\psi\|^2} = \frac{\langle \psi | A \psi \rangle}{\|\psi\|^2} = \langle A \rangle_{\psi} \end{aligned}$$

since $\langle A \rangle_{\psi}$ is a complex number satisfying $\langle A \rangle_{\psi}^* = \langle A \rangle_{\psi}$ it must be real.

(iii) If A is a positive operator, by definition, for any $\psi \in \mathcal{H}$ we have $\langle \psi | A \psi \rangle > 0$.

Thus it follows

$$\langle A \rangle_{\psi} = \frac{\langle \psi | A \psi \rangle}{\|\psi\|^2} > 0$$

$$\begin{aligned} \text{(iv)} \quad \langle \alpha A + \beta B \rangle_{\psi} &= \langle \psi | (\alpha A + \beta B) \psi \rangle \\ &= \langle \psi | \alpha (A \psi) \rangle + \langle \psi | \beta (B \psi) \rangle \\ &= \alpha \langle \psi | A \psi \rangle + \beta \langle \psi | B \psi \rangle \\ &= \alpha \langle A \rangle_{\psi} + \beta \langle B \rangle_{\psi} \end{aligned}$$

The variance of an observable A in the state ψ can be computed as - 87 -

$$\begin{aligned} \langle (A - \langle A \rangle_\psi)^2 \rangle_\psi &= \\ &= \langle A^2 - 2A\langle A \rangle_\psi + \langle A \rangle_\psi^2 \rangle_\psi \\ &= \langle A^2 \rangle_\psi - 2\langle A \rangle_\psi \langle A \rangle_\psi + \langle A \rangle_\psi^2 \\ &= \langle A^2 \rangle_\psi - \langle A \rangle_\psi^2 \end{aligned}$$

Def.: The dispersion of the observable A in the state ψ is given by

$$\Delta_\psi(A) = \left(\langle A^2 \rangle_\psi - \langle A \rangle_\psi^2 \right)^{1/2}$$

Proposition: The dispersion of A in the state ψ vanishes iff ψ is an A eigenvector. In this last case, the associate eigenvalue is $\langle A \rangle_\psi$.

Proof: First assume that ψ is an A eigenvector,

i.e.,

$$A\psi = \lambda\psi$$

Then it immediately follows that

$$\langle A \rangle_\psi = \frac{\langle \psi | A\psi \rangle}{\langle \psi | \psi \rangle} = \frac{\langle \psi | \lambda\psi \rangle}{\langle \psi | \psi \rangle} = \lambda \frac{\langle \psi | \psi \rangle}{\langle \psi | \psi \rangle} = \lambda$$

and

$$\langle A^2 \rangle_{\psi} - \langle A \rangle_{\psi}^2 = \frac{\langle \psi | A^2 \psi \rangle}{\langle \psi | \psi \rangle} - \lambda^2 = \frac{\lambda^2 \langle \psi | \psi \rangle}{\langle \psi | \psi \rangle} - \lambda^2 = 0$$

To prove the converse we must use the fact that A is self-adjoint, i.e., $A^\dagger = A$. In fact, assume that the dispersion of A in the state ψ vanishes. Then it follows

$$\begin{aligned} 0 &= \langle A - \langle A \rangle_{\psi} \rangle^2 = \langle \psi | (A - \langle A \rangle_{\psi})(A - \langle A \rangle_{\psi}) \psi \rangle \\ &= \langle (A - \langle A \rangle_{\psi})^\dagger \psi | (A - \langle A \rangle_{\psi}) \psi \rangle \\ &= \langle (A^\dagger - \langle A \rangle_{\psi}^*) \psi | (A - \langle A \rangle_{\psi}) \psi \rangle \\ &= \underbrace{A - \langle A \rangle_{\psi}}_{= A - \langle A \rangle_{\psi} \text{ because } A \text{ is self-adjoint}} \psi \end{aligned}$$

$$\begin{aligned} \therefore 0 &= \langle (A - \langle A \rangle_{\psi}) \psi | (A - \langle A \rangle_{\psi}) \psi \rangle \\ &= \| (A - \langle A \rangle_{\psi}) \psi \|^2 \end{aligned}$$

$$\therefore (A - \langle A \rangle_{\psi}) \psi = 0$$

$$\therefore \boxed{A \psi = \langle A \rangle_{\psi} \psi}$$

q.e.d.

Proposition: The eigenvalues of a self-adjoint operator are real. -89-

proof: We have already shown that if A is self-adjoint then $\langle A \rangle_\psi \in \mathbb{R}$, for any non null $\psi \in \mathcal{X}$. If λ is an A -eigenvalue there exists a non null $\psi \in \mathcal{X}$ such that $A\psi = \lambda\psi$ and $\langle A \rangle_\psi$. Thus $\lambda \in \mathbb{R}$.

Proposition: Two eigenvectors ψ, ϕ of a self-adjoint operator A associated to distinct eigenvalues are orthogonal.

proof: Assume $\lambda \neq \mu$ are two distinct A -eigenvalues & let $\psi, \phi \neq 0$ be two corresponding eigenvectors,

i.e.,

$$\begin{cases} A\psi = \lambda\psi \\ A\phi = \mu\phi \end{cases}$$

Since A is self-adjoint λ and μ are real. Note that

$$\begin{aligned} 0 &= \langle \psi | A\phi \rangle - \langle \psi | A\phi \rangle \\ &= \langle A^+ \psi | \phi \rangle - \langle \psi | A\phi \rangle \\ &= \langle A\psi | \phi \rangle - \langle \psi | A\phi \rangle \\ &= \lambda \langle \psi | \phi \rangle - \mu \langle \psi | \phi \rangle \\ &= (\lambda - \mu) \langle \psi | \phi \rangle = (\lambda - \mu) \langle \psi | \phi \rangle \end{aligned}$$

From $\lambda \neq \mu$ it follows $\langle \psi | \phi \rangle = 0$.

Example: Considering the one-dimensional square well again, for the n -excited state compute the momentum mean and dispersion.

$$\psi_n(x) = \sqrt{\frac{2}{a}} \sin\left(\frac{n\pi x}{a}\right), \quad x \in [0, a]$$

$$\langle P \rangle_{\psi_n} = \langle \psi_n | P | \psi_n \rangle \quad P = -i\hbar \frac{d}{dx}$$

$$= -i\hbar \int_0^a \psi_n(x) \psi_n'(x) dx$$

$$= -i\hbar \int_0^a \frac{d}{dx} [\psi_n(x)^2] dx = 0$$

Actually we see the above results for any state $\psi \in \mathcal{X}$.

Dispersion:

$$\begin{aligned} [\Delta_{\psi}(P)]^2 &= \langle P^2 \rangle_{\psi} - \underbrace{\langle P \rangle_{\psi}^2}_0 \\ &= \langle P^2 \rangle_{\psi} \end{aligned}$$

For the n -th excited state:

$$H = \frac{P^2}{2m}$$

$$\begin{aligned} [\Delta_{\psi_n}(P)]^2 &= \langle \psi_n | P^2 | \psi_n \rangle = 2m \langle \psi_n | H | \psi_n \rangle \\ &= 2m E_n = \frac{m^2 \pi^2 \hbar^2}{a^2} \end{aligned}$$

7- Time Evolution

QM Fundamental Postulate (Time Evolution)

Given a Hilbert space \mathcal{H} for a physical QM model there exists a distinguished Hamiltonian operator $H \in T(\mathcal{H})$, self-adjoint, which gives the time evolution of the states as

$$i\hbar \frac{d}{dt} \psi_t = H \psi_t$$

The time evolution of states is then described

by

$$\psi_t: \mathbb{R} \longrightarrow \mathcal{H}$$

$$t \longmapsto \psi_t$$

Remark: We allow for the possibility of $H = H(t)$

proposition: When the Hamiltonian commutes with itself

for any time we have the solution

$$\psi_t = \exp \left[-\frac{i}{\hbar} \int_0^t H dt \right] \psi_0$$

proof: Computing the time-derivative we have

$$\frac{d}{dt} \left\{ \exp \left[\frac{i}{\hbar} \int_0^t H dt \right] \psi_t \right\} = \exp \left[\frac{i}{\hbar} \int_0^t H dt \right] \left\{ \frac{i}{\hbar} H \psi_t + \frac{d\psi_t}{dt} \right\}$$

-92- So we have

$$\exp \left[\frac{i}{\hbar} \int_0^t H dt \right] \psi_t = \text{const } C = \text{const}$$

For $t=0$ we have $\psi_t = \psi_0 = C$. Thus

$$\psi_t = \exp \left[-\frac{i}{\hbar} \int_0^t H dt \right] \psi_0$$

Def.:

$$U_t \equiv \exp \left[-\frac{i}{\hbar} \int_0^t H dt \right]$$

is the time-evolution operator

8. Commutator and Commutation Relations

Motivation: Consider the operators X and P as previously defined and note that for $\psi \in \mathcal{X}$ we have

$$\begin{aligned}
 (P X \psi)(x) &= P(X\psi(x)) \\
 &= P(x\psi(x)) \\
 &= -i\hbar \frac{d}{dx} (x\psi(x)) = -i\hbar \left[\psi(x) + x \frac{d\psi}{dx}(x) \right] \\
 &= -i\hbar \psi(x) - i\hbar x \frac{d\psi}{dx}(x) \\
 &= (-i\hbar \psi)(x) - i\hbar x \frac{d\psi}{dx}(x) \\
 &= (-i\hbar \psi)(x) + X \left(\underbrace{-i\hbar \frac{d\psi}{dx}(x)}_{P\psi} \right) \\
 &= -i\hbar \psi(x) + (X P \psi)(x) \\
 &= \left((-i\hbar \mathbb{1} + X P) \psi \right)(x)
 \end{aligned}$$

i.e.,

$$\boxed{P X = -i\hbar \mathbb{1} + X P}$$

Definition: Given two operators $A, B \in L(\mathcal{X})$ we define $[A, B] \in L(\mathcal{X})$ as

$$[A, B] = AB - BA$$

Note that

$$[,] : L(\mathcal{X}) \times L(\mathcal{X}) \longrightarrow L(\mathcal{X})$$

We have just shown thus that

$$[P_x, X] = -i\hbar \mathbb{1}$$

Similarly we have

$$[X, P_x] = i\hbar \mathbb{1}$$

$$[X, P_y] = [Y, P_x] = 0 = [X, Y] = [P_x, P_y]$$

or more generally

$$[X_i, P_j] = i\hbar \delta_{ij}$$

Note how the above commutation relations resemble the classical Poisson brackets -

Similarly to PB, FS brackets or DB's, the commutator enjoys the following properties

(i) $[A, B] = -[B, A]$

(ii) $[A, B]$ is linear in both A and B

(iii) $[A, BC] = [A, B]C + B[A, C]$

(iv) $[A, [B, C]] + [[A, B], C] = [B, [A, C]]$

or $[A, [B, C]] + [[A, C], B] = [[A, B], C]$

Lemma: Let \mathcal{H} be a Hilbert space and $A, B, C \in \mathcal{L}(\mathcal{H})$ self-adjoint operators such that $[A, B] = iC$. Then:

(i) For an arbitrary normalizable $\psi \in \mathcal{H}$ we have

$$\langle A^2 \rangle_{\psi} \langle B^2 \rangle_{\psi} \geq \frac{1}{4} \langle C^2 \rangle_{\psi}.$$

(ii) Excluding the trivial cases $A=0$ or $B=0$ or $\langle A^2 \rangle_{\psi} = \langle B^2 \rangle_{\psi} = 0$, the equality holds iff there exists $\lambda \in \mathbb{R}$ such that either

$$(A - i\lambda B)\psi = 0 \text{ or } (B - i\lambda A)\psi = 0$$

Proof: If $A=0$ or $B=0$ we have trivially $C=0$ and

$$0 = \langle A^2 \rangle_{\psi} \langle B^2 \rangle_{\psi} = \frac{1}{4} \langle C^2 \rangle_{\psi} = 0.$$

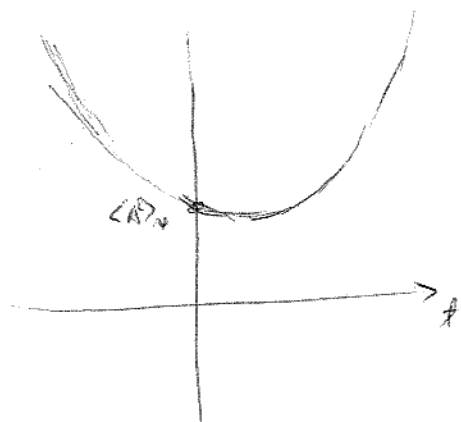
If for a given ψ we have both

$$\langle A^2 \rangle_{\psi} = \langle B^2 \rangle_{\psi} = 0$$

it follows $A\psi = B\psi = 0$ and $\langle C^2 \rangle_{\psi} = 0$ and again we are done.

Thus without loss of generality we assume A and B non null and $\langle B^2 \rangle_{\psi} \neq 0$. Let λ denote an arbitrary real variable and construct the following non negative real function

$$\begin{aligned} \|(A - i\lambda B)\psi\|^2 &= \langle \psi, (A + i\lambda B)(A - i\lambda B)\psi \rangle \\ &= \langle \psi, (A^2 + \lambda C + \lambda^2 B^2)\psi \rangle \\ &= \langle B^2 \rangle_{\psi} \lambda^2 + \langle C \rangle_{\psi} \lambda + \langle A^2 \rangle_{\psi} \geq 0 \end{aligned}$$



Since the last expression, quadratic in λ , is never negative, its discriminant must be non negative

$$\Delta = b^2 - 4ac$$

$$= \langle C \rangle_{\psi}^2 - 4 \langle A^2 \rangle_{\psi} \langle B^2 \rangle_{\psi} \leq 0$$

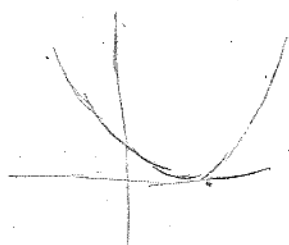
from which we infer

$$\langle A^2 \rangle_{\psi} \langle B^2 \rangle_{\psi} \geq \frac{1}{4} \langle C \rangle_{\psi}^2$$

The equality holds iff the discriminant is null. In

this case

$$\langle A^2 \rangle_{\psi} \langle B^2 \rangle_{\psi} = \frac{1}{4} \langle C \rangle_{\psi}^2$$



and there exists a doubly degenerate solution $\lambda \in \mathbb{R}$ satisfying

$$\|(A - \lambda B)\psi\|^2 = 0$$

and $(A - \lambda B)\psi$ must be the null vector:

$$(A - \lambda B)\psi = 0$$

Remark: In the last expr above $\lambda \in \mathbb{R}$ may be any real number, negative, positive or even zero

(of course $\lambda = 0$ means $A\psi = 0$ and $\langle A^2 \rangle_{\psi} = 0$). We recall we had assumed $\langle B^2 \rangle_{\psi} = 0$, i.e. that ~~is~~ happens to be really the case just switch the roles of A and B to obtain $(B - \lambda A)\psi = 0$.

Proposition (Heisenberg's Uncertainty Principle)

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Let \mathcal{H} denote a Hilbert space and $\psi \in \mathcal{H}$ an arbitrary vector. If $X, P \in L(\mathcal{H})$ satisfy

$$[X, P] = i\hbar$$

then

$$\boxed{|\Delta_{\psi}(X) \Delta_{\psi}(P)| \geq \frac{\hbar}{2}}$$

~~XXXXXXXXXXXX~~

Proof: Setting $A = X - \langle X \rangle_{\psi}$ and $B = P - \langle P \rangle_{\psi}$ note that

$$\begin{aligned} [A, B] &= [X - \langle X \rangle_{\psi}, P - \langle P \rangle_{\psi}] \\ &= [X, P] \end{aligned}$$

Then using

$$\begin{cases} A = X - \langle X \rangle_{\psi} \\ B = P - \langle P \rangle_{\psi} \\ C = -i[A, B] = -i[X, P] = \hbar \end{cases}$$

from the previous lemma we get

$$\langle A^2 \rangle_{\psi} \langle B^2 \rangle_{\psi} \geq \frac{1}{4} \langle C \rangle_{\psi}^2$$

$$\underbrace{\langle (X - \langle X \rangle_{\psi})^2 \rangle_{\psi}}_{\Delta_{\psi}(X)^2} \underbrace{\langle (P - \langle P \rangle_{\psi})^2 \rangle_{\psi}}_{\Delta_{\psi}(P)^2} \geq \frac{1}{4} \underbrace{\langle \hbar \rangle_{\psi}^2}_{\hbar^2}$$

and taking square roots

$$\boxed{|\Delta_{\psi}(X) \Delta_{\psi}(P)| \geq \frac{\hbar}{2}}$$

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Exercise: Show that in the particular case $X = L_2$, or similar, $X = x$, $P = -i\hbar \frac{d}{dx}$, the lower bound is achieved iff

$$\psi(x) = c \exp \left[-\frac{\lambda}{2\hbar} (x-\mu)^2 \right]$$

for some $\lambda \in \mathbb{R}$, $\mu, c \in \mathbb{C}$. To assure normalizability we demand further $\lambda > 0$.

Def.: The states ψ for which $\Delta_X(\psi) \Delta_P(\psi) = \frac{\hbar}{2}$

are called minimal uncertainty states.

Example: The ground state for the harmonic oscillator

$$\psi_0(x) = \left(\frac{m\omega}{\pi\hbar} \right)^{1/4} e^{-m\omega x^2 / 2\hbar}$$

is a minimal uncertainty state.

Algebraic Solution of the Harmonic Oscillator

Let us consider again the one-dimensional harmonic oscillator.

$$H = \frac{1}{2m} P^2 + \frac{1}{2} m \omega^2 X^2 \quad P = -i\hbar \frac{d}{dx}$$

$$H\psi = E\psi \quad P^2 = \hbar^2 \frac{d^2}{dx^2}$$

$$\left(\frac{P^2}{2m} + \frac{1}{2} m \omega^2 X^2 \right) \psi(x) = E \psi(x)$$

The Hamiltonian is quadratic in P and X

$$H = \frac{1}{2m} (P^2 + m^2 \omega^2 X^2)$$

Looking for a factorization of H we define the operators

$$\begin{cases} a_+ = P + im\omega X \\ a_- = P - im\omega X \end{cases}$$

"The career of a young theoretical physicist consists of treating the harmonic oscillator in ever-increasing levels of abstraction." (Sidney Coleman)

Recalling that X , P and H are Hermitian, i.e.

$$X^\dagger = X, \quad P^\dagger = P \quad \text{and} \quad H^\dagger = H,$$

we note that

$$\begin{cases} a_+^\dagger = P - im\omega X = a_- \\ a_-^\dagger = P + im\omega X = a_+ \end{cases}$$

That means neither a_+ nor a_- are Hermitian but rather $(a_+^\dagger)^\dagger = a_-$.

A simple operator multiplication shows that

$$\begin{aligned} a_+ a_- &= (P + im\omega X)(P - im\omega X) \\ &= P^2 + m^2\omega^2 X^2 + im\omega [X, P] \\ &= 2mH - m\hbar\omega \end{aligned}$$

$$\begin{aligned} a_- a_+ &= (P - im\omega X)(P + im\omega X) \\ &= P^2 + m^2\omega^2 X^2 - im\omega [X, P] \\ &= 2mH + m\hbar\omega \end{aligned}$$

Thus we can factorize H either as

$$\left\{ \begin{array}{l} H = \frac{1}{2m} (a_+ a_- + m\hbar\omega) \\ \text{or} \\ H = \frac{1}{2m} (a_- a_+ - m\hbar\omega) \end{array} \right.$$

Note further that the operators a_\pm enjoy the following simple properties

$$[a_+, a_-] = -2m\hbar\omega, \quad [a_-, a_+] = 2m\hbar\omega$$

$$[a_+, H] = \frac{1}{2m} [a_+, a_+ a_-] = \frac{a_+}{2m} [a_+, a_-] = -\hbar\omega a_+$$

$$[a_-, H] = \frac{1}{2m} [a_-, a_- a_+] = \hbar\omega a_-$$

$$[H, a_+] = \hbar\omega a_+, \quad [H, a_-] = -\hbar\omega a_-$$

$$\begin{aligned}
\|a_+\psi\|^2 &= \langle a_+\psi | a_+\psi \rangle \\
&= \langle \psi | a_- a_+ \psi \rangle \\
&= \langle a_- a_+ \rangle_\psi \|\psi\|^2 \\
&= \langle 2m\hbar + m\hbar\omega \rangle_\psi \|\psi\|^2
\end{aligned}$$

similarly

$$\|a_-\psi\|^2 = \dots = \langle \psi | a_+ a_- \psi \rangle = \dots = \langle 2m\hbar - m\hbar\omega \rangle_\psi \|\psi\|^2$$

Proposition: Let ψ be an energy eigenvector such

that $H\psi = E\psi$. Then

$$(i) \quad \|a_\pm\psi\|^2 = 2m \left(E \pm \frac{\hbar\omega}{2} \right) \|\psi\|^2$$

$$(ii) \quad E \geq \frac{\hbar\omega}{2}$$

$$(iii) \quad E = \frac{\hbar\omega}{2} \text{ iff } \psi(x) = \psi_0(x) \equiv A \exp\left[-\frac{m\omega x^2}{2\hbar}\right]$$

proof: Recall we had $\|a_\pm\psi\|^2 = 2m \langle H \pm \frac{\hbar\omega}{2} \rangle_\psi \|\psi\|^2$.

For ψ energy eigenvector we have $\langle H \pm \frac{\hbar\omega}{2} \rangle_\psi = E \pm \frac{\hbar\omega}{2}$,

thus in the present case

$$\|a_\pm\psi\|^2 = 2m \left(E \pm \frac{\hbar\omega}{2} \right) \|\psi\|^2$$

(ii) Since $\|a_{\pm}\psi\|^2 \geq 0$, from

$$\|a_{\pm}\psi\|^2 = 2m(E \pm \frac{\hbar\omega}{2})\|\psi\|^2$$

we get

$$E \pm \frac{\hbar\omega}{2} \geq 0$$

and thus

$$\boxed{E \geq \frac{\hbar\omega}{2}}$$

(iii) From

$$\|a_{-}\psi\|^2 = 2m(E - \frac{\hbar\omega}{2})\|\psi\|^2 \geq 0,$$

the equality holds iff

$$\|a_{-}\psi\|^2 = 2m(E - \frac{\hbar\omega}{2})\|\psi\|^2 = 0$$

i.e.,

$$a_{-}\psi = 0$$

Using the definition for a_{-} leads to

$$(P - im\omega X)\psi = 0$$

$$-i\hbar\frac{d\psi}{dx} - im\omega x\psi = 0$$

$$\frac{d\psi}{dx} = -\frac{m\omega x}{\hbar}\psi$$

$$\frac{d\psi}{dx} = -\frac{m\omega x}{\hbar} \psi$$

$$\ln \left| \frac{\psi(x)}{C} \right| = -\frac{m\omega x^2}{2\hbar}$$

$$\left| \frac{\psi(x)}{C} \right| = \exp \left[-\frac{m\omega x^2}{2\hbar} \right]$$

$$\psi(x) = \pm C \exp \left[-\frac{m\omega x^2}{2\hbar} \right]$$

$$\psi(x) = A \exp \left[-\frac{m\omega x^2}{2\hbar} \right]$$

Proposition: Let $H\psi = E\psi$, for $\psi \neq 0$. Then

$$(i) H a_{\pm}^m \psi = (E \pm m\hbar\omega) a_{\pm}^m \psi$$

$$(ii) a_{+}^m \psi \neq 0$$

$$(iii) a_{-}^m \psi = 0 \iff E \in \left\{ \frac{\hbar\omega}{2}, \frac{3\hbar\omega}{2}, \dots, (m-\frac{1}{2})\hbar\omega \right\}$$

Proof: (i) By induction in m : For $m=1$, using

$$[H, a_{\pm}] = \pm \hbar\omega a_{\pm}$$

we have

$$[H, a_{\pm}] \psi = \pm \hbar\omega a_{\pm} \psi$$

$$[H, a_{\pm}] \psi = \pm \hbar \omega a_{\pm} \psi$$

$$H a_{\pm} \psi = \overbrace{a_{\pm} H \psi}^{E \psi} \pm \hbar \omega a_{\pm} \psi$$

$$H(a_{\pm} \psi) = (E \pm \hbar \omega)(a_{\pm} \psi) \rightarrow \text{true for } m=1.$$

Next, assuming we have

$$H a_{\pm}^m \psi = (E \pm m \hbar \omega) a_{\pm}^m \psi$$

it follows that

$$\begin{aligned} H a_{\pm}^{m+1} \psi &= H a_{\pm} a_{\pm}^m \psi \\ &= \left(\underbrace{[H, a_{\pm}]}_{\pm \hbar \omega a_{\pm}} + a_{\pm} H \right) a_{\pm}^m \psi \\ &= \pm \hbar \omega a_{\pm}^{m+1} \psi + a_{\pm} (E \pm m \hbar \omega) a_{\pm}^m \psi \\ &= (E \pm (m+1) \hbar \omega) a_{\pm}^{m+1} \psi \end{aligned}$$

(ii) Again we use induction in m . For $m=1$, since $\psi \neq 0$ we have

$$\|a_{+} \psi\|^2 = \langle \psi | a_{-} a_{+} \psi \rangle = 2m \left(E + \frac{\hbar \omega}{2} \right) \|\psi\|^2$$

As $E \geq \frac{\hbar \omega}{2}$, this cannot vanish and

$$a_{+} \psi \neq 0$$

Next assume $a_+^m \psi \neq 0$. Then

$$\begin{aligned} \|a_+^{m+1}\|^2 &= \langle a_+^{m+2} \psi | a_+^{m+2} \psi \rangle \\ &= \langle a_+^m \psi | (a_- a_+) a_+^m \psi \rangle \\ &= \langle a_+^m \psi | (2m\hbar + m\hbar\omega) a_+^m \psi \rangle \\ &= 2m \left(E + (m + \frac{1}{2}) \hbar\omega \right) \|a_+^m \psi\|^2 \neq 0. \end{aligned}$$

(iii) By induction in m . If $m=1$ we already know that

$$a_- \psi = 0 \iff \|a_- \psi\|^2 = 0 \iff 2m \left(E - \frac{\hbar\omega}{2} \right) \|\psi\|^2 = 0.$$

Since $\|\psi\|^2 \neq 0$ we conclude $a_- \psi = 0 \iff E = \frac{\hbar\omega}{2}$.

Next assume the statement is true for some fixed m . That is, we have:

$H\psi = E\psi$, $\psi \neq 0$ (ψ is an eigenvector with eigenvalue E).

$H(a_-^m \psi) = (E - m\hbar\omega) a_-^m \psi$ ($a_-^m \psi$ is either an eigenvector with eigenvalue $E - m\hbar\omega$ or zero).

Assume $a_-^{m+1} \psi = 0$. Then $a_-^m \psi$ is in the kernel of a_- , which consists of multiples of ψ_0 .

Thus either $a_-^m \psi$ is an eigenvector with eigenvalue $\frac{\hbar\omega}{2}$ and we must have $E - m\hbar\omega = \frac{\hbar\omega}{2}$ implies

$E = (m + \frac{1}{2})\hbar\omega$ or $a_-^m \psi = 0$ and by the induction hypothesis $E \in \{ \frac{\hbar\omega}{2}, \frac{3}{2}\hbar\omega, \dots, (m - \frac{1}{2})\hbar\omega \}$.

Theorem : The set of eigenvalues of

$$H = \frac{P^2}{2m} + \frac{1}{2} m \omega^2 X^2$$

is

$$\left\{ (m + \frac{1}{2}) \hbar \omega, m = 0, 1, 2, \dots \right\}$$

and the corresponding eigenvectors are multiples of

$$\psi_m = a_+^m \psi_0$$

with

$$\psi_0(x) = \left(\frac{m\omega}{\pi \hbar} \right)^{1/4} e^{-m\omega x^2 / 2\hbar}$$

Proof : On the one hand, $H\psi_0 = \frac{\hbar\omega}{2} \psi_0$ means precisely that ψ_0 is an eigenvector with minimal eigenvalue $\frac{\hbar\omega}{2}$. We thus have

$$\begin{aligned} H a_+^m \psi_0 &= (E_0 + m\hbar\omega) a_+^m \psi_0 \\ &= \left(\frac{\hbar\omega}{2} + m\hbar\omega \right) a_+^m \psi_0 \\ &= \left(m + \frac{1}{2} \right) \hbar\omega a_+^m \psi_0, \quad m = 1, 2, 3, \dots \end{aligned}$$

implying that $\psi_m = a_+^m \psi_0$ are eigenvectors with corresponding eigenvalues $(m + \frac{1}{2})\hbar\omega$. We have thus proved up to now that all $\psi_m = a_+^m \psi_0$ with $m = 0, 1, 2, 3, \dots$ are eigenvectors with eigenvalues $(m + \frac{1}{2})\hbar\omega, m = 0, 1, 2, 3, \dots$.

Conversely, assume ψ is an eigenvector with eigenvalue E , i.e., assume

$$H\psi = E\psi \quad \text{with } \psi \neq 0.$$

Choose an arbitrary natural m and apply

a_-^m to ψ . The $a_-^m \psi$ is either zero

or

$$H a_-^m \psi = (E - m\hbar\omega) a_-^m \psi$$

If $E - m\hbar\omega < 0$, in the second case we

achieve a contradiction with the previous shown fact that all eigenvalues are positive.

That means, for a given E , exists $m \in \mathbb{N}$

such that $m > E/\hbar\omega$ and we must have

$$a_-^m \psi = 0$$

leading to

$$E = \left\{ \frac{\hbar\omega}{2}, \frac{3\hbar\omega}{2}, \dots, (m-\frac{1}{2})\hbar\omega \right\}.$$

Finally, to show that the eigenvalues are nondegenerate

assume ψ is an eigenvector with eigenvalue

$(m + \frac{1}{2})\hbar\omega$. Applying a_- m times we obtain

the eigenvalue $\frac{\hbar\omega}{2}$ and we have already shown that

the corresponding eigenvector is a multiple of ψ_0

I.e.

$$a_-^m \psi = \alpha \psi_0$$

By the same token, starting from ψ_m and applying

a_- m times we obtain a multiple of ψ_0 :

$$a_-^m \psi_m = \beta \psi_0$$

Note that by hypothesis α and β are non null. That

means we have

$$a_-^m \psi = \lambda a_-^m \psi_m$$

Assume the vector $\psi - \lambda \psi_m$ is non zero. Then it has

eigenvalue $(m + \frac{1}{2})\hbar\omega$ and $a_-^m (\psi - \lambda \psi_m) = 0$

gives a contradiction with part (iii) of the

previous proposition. Thus we should have

$$\psi = \lambda \psi_m$$

showing the nondegeneracy of level m .